

# Falls Creek 2025 – Rules & Expectations

Ensuring a safe, respectful, and spiritually enriching environment at Falls Creek is our top priority. To achieve this, we have established the following rules and guidelines, which incorporate both our church's standards and Falls Creek's official policies. All participants are expected to adhere to these rules throughout the camp.

## 1. Group Movement

- **Always Travel in Groups:** Campers must move in groups of **at least three** at all times. This ensures safety and accountability.

## 2. Cabin Boundaries

- **Restricted Access:** Entering any cabin other than your assigned one is strictly prohibited.
- **Gender-Specific Dorms:** Males are not permitted in female dorms, and females are not permitted in male dorms under any circumstances.

## 3. Punctuality

- **Be On Time:** Adhering to the camp schedule is essential. Being late disrupts activities and disrespects fellow campers and leaders.

## 4. Personal Conduct

- **Public Displays of Affection (PDA):** Refrain from any form of PDA. Campers in relationships are expected not to be alone together at any time.
- **Boys and Girls Must Not Be Alone Together:** At no point should a male and female camper be alone together. If a conversation needs to happen privately, it should take place in a public or supervised area with a leader nearby.
- **Bullying and Harassment:** Any form of bullying, including pranks that could be perceived as such, will not be tolerated. Treat all individuals with kindness and respect.
- **Language:** Use of profanity or inappropriate language is prohibited.

## 5. Hygiene

- **Personal Cleanliness:** Regular showers and the use of deodorant are **mandatory** for the well-being of all campers.

## 6. Dress Code

- **Modesty Required:** All clothing must adhere to the following guidelines:
  - **Shirts:** Sleeveless shirts must extend to the shoulder seam. Spaghetti strap tank tops and dresses are not permitted.
  - **Bottoms:** Shorts and dresses must reach the top of the knee. Tight-fitting or revealing clothing, including leggings worn as pants, is prohibited.
  - **Swimwear:** Only modest **one-piece swimsuits** are allowed. A dark t-shirt must be worn over two-piece swimsuits.

- **Footwear:** Shoes must be worn at all times outside of cabins.
- **Prohibited Apparel:** Clothing displaying or promoting tobacco, alcohol, controlled substances, inappropriate language, or offensive images is not allowed.
- **Enforcement:** Falls Creek staff have the final say on all dress code decisions. If they determine a camper's clothing does not meet camp standards, the camper is required to change.

## 7. Curfew

- **Evening Curfew:** All campers must be inside their assigned cabins by **11:00 PM** and remain there until **6:00 AM**, unless accompanied by a sponsor.

## 8. Prohibited Items & Activities

- **Substances:** The possession or use of **illegal drugs, alcohol, tobacco products, vaping devices, or related paraphernalia is strictly forbidden.** Any camper found in possession of these will be sent home immediately.
- **Weapons:** Possession of **guns, knives, or any item resembling a weapon** is prohibited.
- **Fire Hazards:** Open flames, including **campfires and fireworks**, are not allowed on the premises.
- **Pranks:** Pranking is discouraged and may be interpreted as bullying.

## 9. Attendance

- **Mandatory Participation:** All campers are required to attend:
  - Morning and Evening Worship Services
  - In-cabin Bible studies
  - Evening devotionals

## 10. Health & Safety

- **Stay Hydrated:** Drink plenty of water throughout the day. Water will be provided; campers should drink it regularly.
- **Medications:** All medications, **prescription or over-the-counter, must be turned in at check-in** and be in their original containers with a completed "Parental Authorization to Administer Medication Form."

## Final Reminder:

Adherence to these rules is essential for the safety, well-being, and spiritual growth of all participants. **Failure to comply may result in disciplinary action, including being sent home at the parent's or guardian's expense.**

We appreciate your cooperation in making this camp experience meaningful and enjoyable for everyone involved.